Catalyst Questions Worksheet

Becoming a Catalyst | John Coné

A Simple Catalyst Questions Worksheet

Capability, challenge, or opportunity:

_____

_____

What appears to be happening?

_____

_____

_____

Where does the conversation seem stuck?

_____

_____

_____

What kind of thinking is needed next?

☐ SEE ☐ CHALLENGE ☐ REFRAME ☐ CONNECT

☐ EXPLORE ☐ DESIGN ☐ ACT & LEARN ☐ REFLECT

The question I might ask:

_____

_____

Why this question? What might it help people see or discover?

_____

_____

What happened when I asked it?

_____

_____

What question does the conversation need next?

_____

_____

© 2026 John Coné. All rights reserved. Permission is granted to individuals and organizations to download, reproduce, distribute internally, and adapt this resource for their own professional development and internal organizational use, provided that attribution to John Coné and CatalystLeadershipTools.com is retained. Commercial resale, commercial redistribution, and incorporation into products or services offered for sale require prior written permission from the copyright holder.